Coping Nurse Practitioner in Psychiatry Services

CNPPS

You Are No Good To Anyone If You Are No Good To Yourself ™



DR. JUDY VANSIEA

DNP, MA, MS, BS, BA, RN, APRN

CONNECT

626 RXR Plaza, 6th Floor, Uniondale, New York, 11556

Website: www.copingnpservices.com

Email: info@copingnpservices.com

Phone: (516) 247-3525

Fax: (516) 247-3525

ACCEPTED INSURANCES

MAGNACARE, aetna, Cigna, Optum, oscar, TRICARE, OXFORD HEALTH PLANS, FIDELIS CARE, Medicaid, United Healthcare, Northwell Direct, Golden Rule, healthfirst, Medicare, Empire BlueCross BlueShield, 1199 SEIU, VA Community Care Network, UMR, Humana

ABOUT ME

Dr. Judy E. Vansiea holds a Doctor of Nursing Practice (DNP) Degree with a focus in Transcultural Nursing Leadership from Augsburg University. In addition, she has two Masters Degrees. Her first Master of Science Degree is in Mental Health Psychiatric Nursing from State University of New York at Stony Brook which led to her Advanced Practice Registered Nurse (APRN) journey. She is licensed as a Nurse Practitioner in Psychiatry and has been practicing for 12 years. Dr. Vansiea is an authorized New York State (NYS) workers' compensation Nurse Practitioner provider. She received her second Master of Arts Degree in Addiction Counseling from the Hazelden Betty Ford Graduate School of Addiction Studies.

Dr. Vansiea has been a Registered Nurse for 29 years and has worked in numerous nursing settings such as an adjunct nursing faculty, inpatient medical/surgical nursing, workers' compensation, school nursing, outpatient medical and psychiatric clinics, and nursing education and staff development. She also worked over two years as a court appointed volunteer Guardian Ad Litem in Ramsey County Second Judicial District in Saint Paul, MN. She advocated for children's best interest in legal proceedings with family and juvenile court cases. Dr. Vansiea also served in the United States Army Nurse Corps as a First Lieutenant stationed at Walter Reed Army Medical Center in Washington, DC.

Currently, she is the proud founder and owner of her mental health practice for 7 years and sees patients in both NY and KS. Coping Nurse Practitioner in Psychiatry Services is a faith-based Christian mental health practice that has a mission of CARE and a vision of HOPE.

EDUCATION

Augsburg University — *09/12 to 06/15*
Doctor of Nursing Practice in Transcultural Nursing Leadership
Graduated 5-3-15: with a GPA: 3.9

Hazelden Betty Ford Graduate School of Addiction Studies — *01/11 to 04/12*
Master of Arts Degree in Addiction Counseling
Graduated 4-21-12 with a GPA of 3.4

State University of New York at Stony Brook — *05/07 to 12/09*
Master of Science Degree in Mental Health Psychiatric Nursing
Graduated 12-22-09 with a GPA of 3.70

US Army Academy of Health Sciences, Fort Sam Houston — *01/00 to 03/00*
Awarded US Army Diploma for AMEDD Officer Basic (All Corps)

State University of New York at Stony Brook — *09/93 to 05/97*
Bachelor of Science Degree in Nursing with a Minor in Health and Society

State University of New York at Stony Brook — *09/93 to 05/97*
Bachelor of Arts Degree in Social Sciences Interdisciplinary Studies (SSI) with a Minor in Child and Family Studies

Mary Holmes College — *10/91 to 05/93*
Associates of Science Degree in Pre-Nursing
Salutatorian of Graduating Class

WORK EXPERIENCES

UNIONDALE, NY — *10/19 to Present*
Small Business Owner and Entrepreneur
Coping Nurse Practitioner in Psychiatry Services, P.C.

MN, GA & NY — *03/16 to 09/19*
Small Business Owner and Entrepreneur
Circle of Care and Hope Mental Health Healing and Empowerment Center, LLC

SAINT PAUL, MN — *12/13 to 05/14*
Adjunct Nursing Faculty
University of Northwestern

BLOOMINGTON, MN — *03/13 to 05/13*
Temporary Part-time Nursing Faculty
Normandale Community College

SAINT PAUL, MN — *10/10 to 09/13*
Guardian Ad Litem-Second Judicial District
Minnesota Ramsey County Guardian Ad Litem Program

NEW YORK, NY — *09/07 to 07/08*
RN (School and Outpatient Substance Abuse Rehab)
United Staffing (contracted by NYC Board of Education)

WESTON, FL — *11/06 to 12/07*
RN (Assessment Specialist)
Universal American (Formerly CHCS)

WAYNE, PA — *01/06 to 03/06*
Registered Nurse (Case) Manager)
Advanced Rehabilitation Management INC. & Kingstree Group INC.

BROOKLYN, NY — *12/05 to 12/06*
Registered Nurse (School Nurse)
Stat Nurses Agency, Inc.

BROOKLYN, NY — *05/05 to 07/05*
Registered Nurse (Case Manager)
Jewish Child Care Association

QUEENS, NY — *11/00 to 01/04*
Registered Nurse (Medical / Surgical)
Progressive Nursing Staffers

BROOKLYN, NY — *03/03 to 05/03*
Registered Nurse (School Nurse)
Unique Nurses Registry Inc.

WASHINGTON, DC — *10/01 to 02/02*
Registered Nurse / Administrator
Walter Reed Army Medical Center-Nursing Education and Staff Development (United States Army)

WASHINGTON, DC — *04/00 to 09/01*
Registered Nurse Surgical Ward
Walter Reed Army Medical Center (United States Army)

NEW YORK, NY — *04/99 to 01/00*
Registered Nurse (Surgical)
Beth Israel Medical Center

CLINICALS & INTERNSHIPS

FIRST INTERNSHIP — *01/11 to 04/11*
Center City, MN
Worked primarily at a 28-day women's unit at Hazelden Center City campus for co-occurring disorders of mental illness and substance use disorders.

SECOND INTERNSHIP — *05/11 to 08/11*
Minneapolis, MN
Worked at African American Family Outpatient Behavioral Health Center with co-occurring mental illness and substance use disorders. Trained to do Rule 25 assessments.

THIRD INTERNSHIP — *09/11 to 02/12*
Saint Paul, MN
Worked at CLUES Outpatient Chemical Dependency Program with co-occurring mental illness and substance abuse disorders with adult clients. Trained to do Rule 25 assessments.

ALLINA UNITY HOSPITAL FOR FIRST CLINICAL ROTATION — *10/08 to 02/09*
Fridley, MN
Worked alongside a preceptor psychiatrist on an inpatient adult substance abuse unit doing intakes, consultations on medical units, and individual and group therapies.

ALLINA WOODBURY CLINIC FOR SECOND CLINICAL ROTATION — *02/09 to 06/09*
Woodbury, MN
Worked alongside a preceptor Certified in child/adolescent psych clinical nurse specialist on an outpatient basis doing intakes and therapy with family, children/adolescent and medication management.

ALLINA ABBOTT/NORTHWESTERN PARK HOUSE SECOND CLINICAL — *04/09 to 06/09*
Minneapolis, MN
Worked alongside a preceptor psychologist doing group therapy with HIV/AIDS patients who had dual diagnoses of mental illness and chemical dependency.

ALLINA MERCY HOSPITAL FOR THIRD CLINICAL ROTATION — *06/09 to 08/09*
Coon Rapids, MN
Worked alongside a preceptor psychiatrist on an inpatient adult MICD unit doing intakes, brief individual psychotherapy, group therapy and ECT observations.

ALLINA WOODBURY CLINIC FOR FOURTH CLINICAL ROTATION — *09/09 to 11/09*
Woodbury, MN
Worked at Woodbury Outpatient Clinic seeing adult patients with a clinical nurse specialist preceptor for medication management, one to two days per week.

ALLINA MERCY HOSPITAL FOR FOURTH CLINICAL ROTATION — *09/09 to 12/09*
Coon Rapids, MN
Worked along with two Preceptor Psychiatrist on an Inpatient adult MICD unit doing intakes; brief individual psychotherapy; and medication management.